From Resistance to Resilience:
Filling the Gaps in LGBT Healthcare and Research

All plenary presentations are in Ormandy Ballroom, Lobby Level

Conference Welcome Remarks
Thursday, September 14, 2017, 8:00am-8:30am

Jesse Joad, MD, MS, GLMA President
Tonia Poteat, PhD, PA-C, MPH, GLMA Vice President for Education
Hector Vargas, JD, GLMA Executive Director

Keynote Welcome Remarks
Rachel Levine, MD, Acting Secretary of Health and Physician General, Commonwealth of Pennsylvania

Rachel Levine, MD is currently the Acting Secretary of Health and Physician General for the Commonwealth of Pennsylvania and Professor of Pediatrics and Psychiatry at the Penn State College of Medicine. As Physician General, Dr. Levine has made significant strides combating the opioid epidemic and advocating on behalf of the LGBTQ population. She spearheaded the efforts to establish opioid prescribing guidelines and establish opioid prescribing education for medical students. She has also led an LGBTQ workgroup for the governor’s office which has worked to create programs and processes that are fair and inclusive in healthcare, insurance, and many other areas. Recently, Dr. Levine was recognized as one of NBC’s Pride 30, a national list of 30 people who are both members of and making a difference in the lives of the LGBTQ community. Dr. Levine is a recipient of the 2017 GLMA Achievement Award.

Plenary I
Religious Refusal Laws Threaten LGBT Health Access
Thursday, September 14, 2017, 8:30am-9:30am

In recent years, a number of states and Congress have considered legislation that could limit the ability of LGBT people to equally access health care, government services, social services, and even employment. While a 2016 North Carolina law received a great deal of media attention, evoking boycotts and electoral change that led to repeal of the law, bills passed last year in Mississippi and Tennessee received less attention, but could prevent LGBT people from accessing health care services. Increasingly, religious conservatives are framing their refusal to serve LGBT people and/or same-sex couples as the Constitutionally-guaranteed “free exercise” of religion. While many of these bills would allow small business owners—like wedding planners—to refuse to serve same-sex couples, some “religious exemption” bills have targeted healthcare access for LGBT people. These bills threaten to exacerbate existing discrimi
nation in healthcare, and undermine efforts to reduce LGBT health disparities and improve access to culturally competent care. The First Amendment Defense Act, a bill expected to be introduced during the 115th Congress, would also enable anti-LGBT discrimination in health care. It is supported by President Trump, Attorney General Sessions, and the 2016 Republican Party Platform. This third wave of anti-LGBT activism fits into a historical context dating back to the 1970s, including laws allowing health care staff to refuse to participate in abortion and other reproductive health care starting with the Church Amendment of 1973. Unlike other free exercise laws—such as the Religious Freedom Restoration Act of 1993, which protected American Indians' right to ritually use peyote—these "religious exemption" laws cause real harm to third parties. Religious freedom doesn't include the freedom to discriminate and cause harm to others by denying basic services we all need to live—including health care.

By the end of this session, you will be able to:

- Explain how the current wave of anti-LGBT legislation, including “free exercise of religion” laws, negatively affects the health and well-being of LGBT people.
- Describe how anti-LGBT bills violate LGBT people’s equal protection and due process rights under the Constitution, and how they fit into an historical context of anti-gay laws and abortion refusal laws dating back to the 1970s.
- Discuss potential action steps that can be taken at the state and institutional level to protect LGBT people from discrimination.

Speakers: Timothy Wang, MPH; Sean Cahill, PhD

Timothy Wang, MPH is a health policy analyst in the Department of Health Policy Research at the Fenway Institute in Boston, US. At the Fenway Institute, he works on a variety of projects involving LGBT health and HIV policy with the Centers for Medicare and Medicaid Services and the Centers for Disease Control and Prevention. Timothy has previously authored issue briefs, opinion editorials, and presentations on anti-LGBT legislation and its effect on LGBT health.

Sean Cahill, PhD is Director of Health Policy Research at the Fenway Institute and Director of Curriculum and Policy at the National Center for Innovation in HIV Care. He is Visiting Scholar at Northeastern University’s School of Public Policy and Urban Affairs, and teaches global HIV policy and LGBT rights policy at Brandeis University’s Heller School. Cahill serves on the Massachusetts Special Legislative Commission on Lesbian, Gay, Bisexual, and Transgender Aging, and served on the Massachusetts LGBT Youth Commission from 2012-2015. He has published extensively on LGBT and HIV issues, including the importance of collecting sexual orientation and gender identity data in Electronic Health Records. He manages projects related to HIV prevention, addressing LGBT disparities among Medicare beneficiaries, and LGBT people in juvenile and adult criminal justice systems.

Plenary II
Two-Spirit Resistance to Resilience and Reconciliation: Filling the Void and Silence
Thursday, September 14, 2017, 4:15pm-5:30pm

Many cultural traditions and practices of the peoples of Turtle Island have often been misrepresented or suppressed. The misrepresentation mainly occurred because the colonizers did not have a context to frame, understand and value these ways and the suppression, primarily, occurred because these ways went against the colonizer’s Christian doctrine, a doctrine that
righteously justifies the subjugation of Indigenous bodies and lands. This especially holds true for Indigenous notions and practices of sex, gender, gender-roles and sexuality. This presentation explores these concepts by featuring some of the sociohistorical documentation from a nation-specific standpoint while supplementing these records and narratives with deconstructed colonial accounts. A brief overview is offered on how this burgeoning body of knowledge is used to (re)claim and restore respect, honor and dignity for today’s Two-Spirit individuals and communities as they navigate and negotiate Native and LGBTQI spaces, places and communities. Finally, a discussion is taken up on the (re)positioning of “Two-Spirit” as this work and discussion(s) significantly differs from that of the (non-Native) LGBTQ movement(s) putting forth a critique of the “western” framing of sex, gender, gender-roles, and sexuality; thus opening up a space that transcends and challenges the binary; thereby, creating a space to dream of a rich, complex and diverse world that acknowledges “other” while honoring, celebrating and valuing the gifts and medicines the “other” has to offer the broader community in creating a sacred (and safe) place and space that calls everyone home.

By the end of this session, you will be able to:

• Gain historical and contemporary knowledge of the Two-Spirit community.
• Increase the familiarity of some of the facilitators as well as some of barriers to seeking and accessing services and providing quality services for this key subpopulation.
• Gain access to additional resources for additional learning, referral and on-going policy redress to create safe and welcoming spaces for Two-Spirit community members.

Speaker: Harlan Pruden

After living in New York for 20 years, Harlan Pruden, First Nation Cree/nêhiyaw, now calls Vancouver home and is a PhD student at UBC’s Interdisciplinary Studies Graduate Program and is also the Managing Editor of Two-SpiritJournal.com. Harlan also serves as a Two-Spirit consultant to US’ Tribal Training and Technical Assistance Center, BC Center for Disease Control’s Chee Mamuk Program and the newly formed Trans* Care BC. In August 2014, Harlan was appointed to the United States’ Presidential Advisory Council on HIV/AIDS where he works to provide advice, information, and recommendations to the Secretary of Health & Human Services and the White House. Harlan also serves on the International Indigenous Peoples Working Group on HIV/AIDS. Closer to home, Harlan is a board member of Qmunity, the home for Vancouver’s LGBT, Queer and Two-Spirit community.

Plenary III
Black SGL and LGBTQ Health at the Crossroads--A Discussion Amongst Black SGL and LGBTQ Providers
Friday, September 15, 2017, 8:00am-9:15am

Historically, the conversation about the health and well-being of Black same-gender-loving (SGL) and LGBTQ people around the world focuses on risk factors, pathology, and struggle. While this is the experience for some in these communities, to ethically care for these communities, conversations amongst healthcare providers as well as those between providers and their patients and clients must include explorations of patients and clients’ protective factors, resistance strategies, and resilience to enhance and buttress Black SGL and LGBTQ patients’ and clients’ health and well-being. This plenary will be comprised of healthcare and mental health providers who not only work with and advocate for Black SGL and LGBTQ patients and clients, but are also members of those communities. The presenters’ combined
experiences include working with individuals and communities across the lifespan and around the world. The presenters will describe how they approach their work with members of these communities using culturally-informed, culturally-humble, and strengths-based perspectives and how doing so supports their Black SGL and LGBTQ patients. There will also be discussion about the challenges and benefits of being a Black SGL or LGBTQ provider who is committed to working with and for the betterment of Black SGL and LGBTQ communities.

By the end of this session, you will be able to:

- Explain the importance of exploring not only the risk factors, but also the resistance and resilience strategies employed by Black SGL and LGBTQ patients and clients;
- List at least three (3) resilience factors of Black SGL and LGBTQ patients and clients; and,
- Describe how providers working in their communities need to and can maintain cultural humility.

Speakers: Lourdes D. Follins, PhD, LCSW; Tfawa Haynes, MSW, LICSW; Jonathan M. Lassiter, PhD; David Malebranche, MD, MPH

Lourdes Dolores Follins, PhD, LCSW is an Associate Professor at the City University of New York--Kingsborough Community College and the principal of Meliora Consulting, LLC. As a psychotherapist, organizational consultant, and behavioral scientist, Lourdes Dolores has worked with and for LGBTQ adolescents and adults of color for over 20 years. Her writing has been published in several books and journals including Journal of HIV/AIDS and Social Services, Journal of Gay and Lesbian Mental Health, and Psychology and Sexuality. Her research and clinical interests are resilience and resistance in same-gender-loving and LGBTQ people in the African diaspora and decision making in young gay men of color. Lourdes Dolores’ first co-edited book, Black LGBT Health in the United States: The Intersection of Race, Gender, and Sexual Orientation (Lexington) was published in 2016 and she is currently editing a second book, Black LGBT Health Across the Globe: A Regional Perspective (Lexington).

Tfawa Haynes, MSW, LICSW is a Jamaican, Black gay, cisgender male Clinical Social Worker and research study therapist, and clinical supervisor at Fenway Health, The Fenway Institute, and AIDS Action Committee of Massachusetts. He also serves as an Adjunct Professor at Simmons College School of Social Work. He received his MSW from Boston University focusing on Group Work and Trauma. His areas of interest include intersections of race and gender identity among LGBTQs; transgender care; immigration and acculturation; homelessness; and chronic illnesses. Black men who have sex with men (MSM) are a significantly underserved subgroup and to help meet their needs in Boston Massachusetts, Mr. Haynes created and facilitates the Shades of Black Group at Fenway Health.

Jonathan Mathias Lassiter, PhD is a 21st century polymath utilizing psychology, writing, and dance to help others heal and thrive. As a Clinical Psychologist, he specializes in health psychology, spirituality, and multiculturalism. He has worked with clients in medical centers across the country including Alameda County Medical Center, Harlem Hospital, and the Indianapolis VA Medical Center. His writing has been published in several journals including Psychology of Sexual Orientation and Gender Diversity and Journal of Acquired Immune Deficiency Syndromes. In addition, he is co-editor of Black LGBT Health in the United States: The Intersection of Race, Gender, and Sexual Orientation (Lexington Books, 2017). Currently, he is Assistant Professor of Psychology at Muhlenberg College, Visiting Professor of Medicine at the Center for AIDS Prevention Studies, UC San Francisco, and a freelance choreographer.
Plenary IV
Resilience and the LGBTQ+ Healthcare Provider
Friday, September 15, 2017, 2:30pm-3:45pm

Most studies of resilience, the ability to bounce back from adversity, have focused on youth and little is known about the unique settings in which LGBTQ+ healthcare providers must work. Because of well-documented experiences of microaggressions, harassment, and discrimination in the workplace, LGBTQ+ healthcare providers with low capacity for resilience may be prone to burn-out and stress-related symptoms and illnesses. This session will briefly define resilience, review the research to date, and offer a social ecological model as a means of generating strategies that go beyond putting all the responsibility on the individual. This model examines the influences on the individual from interpersonal interactions, community support, institutional factors, and broader societal/public policy factors with an ultimate goal to develop a broad-based, multi-level strategy for building resilience.

By the end of this session, you will be able to:
• Define the concept of resilience.
• Apply current research and personal experiences to a social ecological model for healthcare settings.
• Identify strategies at each level of the model to build resilience.

Speakers: Michele Eliason, PhD; Carl Streed, MD

Mickey Eliason, PhD is a Professor of Health Education and Assistant Dean for Faculty Development at San Francisco State University, after working for 20 years in the University of Iowa College of Nursing and Sexuality Studies Programs. She has conducted research on LGBTQ health topics for nearly 30 years, including such topics as nurses' attitudes about LGBTQ people, identity formation, substance abuse and mental health, and physical health. She was recently PI on a project funded by the DHHS Office on Women's Health to develop and test health interventions for older sexual minority women at risk for weight-related health problems.

Carl G. Streed, Jr, MD earned his medical degree from Johns Hopkins, where he advocated for the inclusion of LGBT health in the curricula of the Schools of Medicine, Nursing, and Public Health, increased the visibility and value of the LGBT community through community advocacy, and achieved transgender equity in health insurance coverage. Nationally, Carl has served as the American Medical Student Association LGBT Policy Coordinator, served on the board of GLMA, and chaired the American Medical Association Advisory Committee on LGBTQ Issues. Carl's efforts to improve the health and well-being of LGBT individuals and communities have earned him the Johns Hopkins Diversity Leadership Award, the AMSA James Slayton National Award for Leadership Excellence, AMA Foundation Excellence in
Plenary V

Kimberly Clermont Memorial Lecture on Lesbian Health:
25 Years of Lesbian Health Fund Research: The Scope and Impact of Research to Improve the Health of Lesbians and Sexual Minority Women

Friday, September 15, 2017, 4:15pm-5:30pm

Since 1992, the Lesbian Health Fund (LHF), the sole US research fund dedicated to lesbians and other sexual minority women, has awarded more than $913,000. LHF grants have been crucial to propelling promising research questions to the attention of larger granting agencies. Our grantees have been awarded millions of dollars from federal agencies and research funding organizations to pursue groundbreaking research in lesbian health that would not have been possible without the initial funding from LHF. In honor of LHF’s 25th Anniversary, we will provide an overview of the research projects funded by LHF since 1992 and discuss the impact of this body of research on LGBTQ health and well-being.

By the end of this plenary session, you will be able to:
- State the origins of the Lesbian Health Fund and its mission to improve the health of lesbians and sexual minority women
- Describe the body of research LHF has funded and significant findings from this research
- Explain how the Lesbian Health Fund has had a positive impact on the health and well-being of LGBTQ people

Speakers: Deborah Bowen, PhD; Lynn Hunt, MD, FAAP; Shail Maingi, MD

Deborah Bowen, PhD is a Professor in the Department of Bioethics and Humanities at the University of Washington. She was recently a Professor and Chair in the Department of Community Health Sciences of the School of Public Health at Boston University. She has been the principal investigator of several NIH-funded grants involving cancer risk feedback and communication, including the Breast Cancer Risk Counseling Studies, the RISK study, the WIRES and Suntalk studies. Dr. Bowen has been an investigator in the coordinating centers of three large multi-center prevention trials: the Carotene and Retinol Efficacy Trial (CARET), the Women’s Health Trial: Feasibility Study in Minority Populations (WHT:FSMP) and the Women’s Health Initiative (WHI). She is currently conducting community-based research to improve the health of Native people in the Pacific Northwest and Alaska, in collaboration with community partners. She was the Director of the Prevention Research Center at BU, focused on improving the health of public housing residents. In addition, Dr. Bowen has led or participated in numerous community intervention studies that have successfully recruited and maintained advisory committees, including members of the community representing the target audience. She was a co-investigator and member of the Steering committee for a large R25T training grant for pre and post-doctoral fellows at the University of Washington, focused on health communications and bio-behavioral cancer prevention. Dr. Bowen is a recipient of the 2017 GLMA Achievement Award.

Lynn Hunt, MD, FAAP is a Clinical Professor in the UCI Department of Pediatrics and is the medical director of UC Irvine’s Gender Diversity Program. She serves at the national chair for the American Academy of Pediatrics’ Section on LGBT Health and Wellness. She participates on the advisory board of Lesbian Health Fund, and is a past board member, Treasurer, and VP for Lesbian Health Fund of GLMA: Health Professionals Advancing LGBT Health Equality.
Shail Maingi, MD is a board certified Hematologist, Medical Oncologist and Palliative Care Physician who is involved in LGBTQ health care advocacy. She is a board member of GLMA: Health Professionals Advancing LGBT Equality and the National LGBT Cancer Network and serves as Vice President of the Lesbian Health Fund. Through committees, she works with the American Academy of Hospice and Palliative Medicine, the American Society of Clinical Oncology, and the Medical Society of the State of New York to improve the quality of care provided to LGBTQ individuals. However, most of her work involves the direct care of patients with cancer. She is currently affiliated with Montefiore Medical Center in Bronx NY and St. Peter’s Cancer Care in Troy, NY.

Plenary VI
Stanley Biber Memorial Lecture on Transgender Health:
Every Voice Counts! Results of the 2015 U.S. Transgender Survey
Saturday, September 16, 2017, 8:30am-9:45am

The 2015 U.S. Transgender Survey is the largest survey ever conducted to examine the experiences of transgender adults in the United States, with nearly 28,000 participants. As the follow up to the groundbreaking 2008-09 National Transgender Discrimination Survey, the U.S. Transgender Survey (USTS) was conducted by the National Center for Transgender Equality in the summer of 2015 and saw unprecedented participation. The USTS covered a wide range of topics that reflect the lives and experiences of transgender people, such as unemployment, housing, healthcare, HIV/AIDS, disabilities, immigration, sex work, and police interactions. This survey is proving to be the go-to resource for information about transgender people and serves as a tremendous data resource for healthcare providers and other health professionals working to improve the health and well-being of transgender people.

By the end of this session, you will be able to:
- Identify key disparities faced by transgender people in the most basic elements of life, such as finding a job, having a place to live, and enjoying the support of family and community;
- Describe the impact of stigma and discrimination on the health of transgender people and the high levels of mistreatment they face when accessing healthcare; and
- Discuss the role of healthcare providers and health professionals in eliminating these barriers, particularly in healthcare coverage, access and treatment, and in creating systems and policies of support at the municipal, state, and federal levels.

Speaker: Mara Keisling

Mara Keisling is the Executive Director of the National Center for Transgender Equality, the nation’s leading social justice advocacy organization winning life-saving change for transgender people. Since founding NCTE in 2003, Mara has led organizational and coalition efforts that have won significant advances in transgender equality, including the inclusion of gender identity in the Employment Non-Discrimination Act, the first-ever Congressional hearing on transgender issues, and countless federal administrative and state-level wins. As one of the nation’s leading voices for transgender equality, Mara is regularly quoted in national and local print media and has appeared on major television networks, including CNN, MSNBC, and Fox News. She was part of the first all-transgender television interview on Melissa Harris-Perry’s show in 2012. A proud Pennsylvania native, Mara holds a BSS from Pennsylvania State University and did her graduate work in American Government at Harvard University. Prior to founding NCTE, Mara worked for 25 years in social marketing and opinion research.
Disclosure of Relevant Financial Relationships with Commercial Interests of Plenary Speakers:
David Malebranche, MD, PhD
Speaker: Gilead Sciences